

INDIANA HOSA FALL LEADERSHIP CONFERENCE

OCTOBER 24, 2025 IN INDIANAPOLIS, IN AT J.W. MARRIOTT

Time	Session Description	Location
8:00-8:30 am	Registration	White River Ballroom Hallway
BREAKOUT SESSION 1		
8:30-9:15 am 	ILA- Chapter Officer 101 & Program of Work (Invite Only) <i>Presented by: Yonathan Bezza, President and Ananya Yemme, President Elect</i> Do you want a chapter that actually runs on time, hits goals, and keeps members coming back? This workshop covers what officers do, including the real responsibilities, benefits, and common challenges, as well as shows you how to build a Program of Work to provide a wide variety of critical activities for chapter members.	White River Ballroom A
	Would you make a great Respiratory Therapist? <i>Presented by: Elizabeth Summitt</i> Describe what a Respiratory Therapist does and what different environments they work in. Discuss the education requirements for Respiratory Therapy. Share the job future, salary expectations, and career advancement opportunities within the field. There will be plenty of time for Q and A as well as the opportunity to set up a job shadow with a Respiratory Therapist near you.	White River Ballroom B
	Pharmacy Careers <i>Presented by: Dawn Moore</i> Explore pharmacist and pharmacy technician careers.	White River Ballroom C
	The Simulation Center at Fairbanks Hall Presents: Unlocking Healthcare's Future: The Power of Simulation <i>Presented by: Chassity L. Mays BSN, RN, CHSOS-A, CHSE; Sarah Heider BA, CHSOS; Rachell Laughlin AS, CHSOS</i> This presentation introduces HOSA students to the innovative world of healthcare simulation at the Simulation Center in Fairbanks Hall. It explains how simulation is used to train future healthcare professionals through realistic tools like manikins, virtual reality, and standardized patients. Students will learn how simulation improves safety, builds clinical skills, and prepares teams for real-life medical situations. The presentation also highlights exciting career opportunities in simulation and showcases how technology and creativity—like escape rooms and 3D printing—can make learning both effective and fun. It's a hands-on way to explore healthcare careers and make a real impact.	White River Ballroom D
	Exhibitors Please visit the exhibitor's area.	White River Ballroom Hallway
	Discover Occupational Therapy: Tools, Tech & Real Talk <i>Presented By: Shikina Walton</i> Ever wonder what it's like to be an occupational therapy professional? Now's your chance to find out! In this hands-on session, you'll try out cool tools and gadgets used in the field and chat with an OT practitioner about what they do, how they got there, and why they love it. No boring slides—just real talk, real tools, and a real look into one of the most creative careers in healthcare.	Room 101 and 102

	Enhancing Employability Skills for Health and Human Services Career Pathways <i>Presented by: Lacey Lewis</i> This session will introduce the role of Community Health Workers and the wide range of career pathways in health and human services, from public health and social work to healthcare support roles. This session is all about building your future-ready skills. You'll strengthen essential employability skills like communication, problem-solving, teamwork, and professionalism: skills that employers look for in any field. You'll also learn how these skills connect directly to jobs in health and human services, and how to get started on a career path that's both meaningful and in demand. Whether you're exploring options or ready to take the next step, this training will help you grow your confidence, expand your career knowledge, and prepare for success.	Room 103 and 104
BREAKOUT SESSION 2		
9:25-10:10 am	License Clinical Social Worker <i>Presented by: Katelyn Shewman LCSW</i> Outlining my path to becoming an LCSW, experience leading up to the career decision to pursue an LCSW, and the flexibility this credentialing allows for in the workforce.	White River Ballroom A
	Lights, Camera, Action <i>Presented by: Camari Warren, Indiana HOSA Secretary</i> Adapting from gills to lungs is easy... so let's dive into the ability to adapt through observing, understanding and change. You will learn how to stay calm in adapting to your environment by being put in situations that might force you to change into a new character.	White River Ballroom B
	Speaking A Wordless Language <i>Presented by: Hayden Turner</i> Have you ever seen someone walk into a room and command its attention without a single word? It takes just 7 seconds to form an impression of a person; your body language speaks before you ever do. In this workshop, learn all about the keys to successful nonverbal communication, including posture, eye contact, and facial expressions, to help you not only captivate every room, but also strengthen your inner confidence.	White River Ballroom C
	Experience Design in Healthcare <i>Presented by: Brian Murphy</i> The session will invite participants to review a fictional body of feedback about a fictional healthcare location, analyze the feedback using a combination of design and improvement tools, and brainstorm potential actions.	White River Ballroom D
	Exhibitors Please visit the exhibitor's area.	White River Ballroom Hallway
	50 Years of HOSA <i>Presented by: Tyler Estes, Indiana HOSA Treasurer</i> Come celebrate HOSA's 50th Anniversary with me!!! While we celebrate, we learn about our amazing organization in from H.O.S.A all the way to current day HOSA-FHP.	Room 101 and 102

	Careers in Organ and Tissue Donation <i>Presented by: Tammy Coyle-Walter Outreach Coordinator, Amy Pruitt Manager, Tissue Services , Angie Hartman Aftercare Support Coordinator</i> Saving and enhancing the quality of life through organ and tissue donation and transplantation.	Room 103 and 104
BREAKOUT SESSION 3		
10:20-11:05 am 	ILA - From Panic to Plan: Turning Stress into Powerful Choices (Invite Only) <i>Presented by: Ananya Yemme, President Elect</i> Now that you've devised a Program of Work activity, it's time to put it to the test. When everything goes sideways, will you freeze... or take control? In this high-energy workshop, you'll break down mock chapter scenarios, make quick decisions under pressure, and discover how stress can actually sharpen your thinking.	White River Ballroom A
	Cue the Confidence! <i>Presented by: Amber Liwanag, Indiana HOSA Vice President</i> Step onto your own stage! Join me in learning how to boost your self-confidence to improve your daily life and leadership abilities. Find out how to break free from your comfort zone with fun moves! Take charge by being unapologetically you and get ready to cue your own confidence!	White River Ballroom B
	Can You Hear Me Now? <i>Presented by: Thomas Bezza, Indiana HOSA Representative</i> Have you ever played telephone and watched the message completely fall apart by the end? Active listening is more than just hearing words, it's about understanding even when communication gets tricky. In this workshop, you'll sharpen your knowledge on listening skills through a high-energy challenge such as Lego relays, so you can communicate with precision and never let an important message get lost again!	White River Ballroom C
	Veterinary Technology <i>Presented by: Krista Trent</i> Our presentation will help you understand the Veterinary Technician career field, covering job responsibilities, career paths, and educational requirements.	White River Ballroom D
	Exhibitors Please visit the exhibitor's area.	White River Ballroom Hallway
	Occupational Therapy in Vestibular Rehabilitation: Get Rid of the Dizzies! <i>Presented by: Brenda Howard</i> This one-hour session will introduce occupational therapy and its role in vestibular rehabilitation for people with vertigo and imbalance. Interprofessional collaboration with PT, Audiology, and other professions will be emphasized.	Room 101 and 102
	Advisors Round Table Chats (Advisors Only) <i>Presented by: Eddie Erickson</i> Join me as we discuss HOSA as a whole. We will share some best practices and give you the opportunity to ask the hard questions as to why things are the way they are. Take a deeper look into the logistics behind the organization.	Room 103 and 104
LUNCH		

BRE-AKOUT SESSION 4

12:15-1:00 pm	State Officer Candidacy Panel <i>Presented by: Past State Officers</i> Join us as we dive into the idea of running for state office and what you need to prepare for. Our past state officers are here for your questions.	White River Ballroom A
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	Occupational and Physical Therapy with Specialties (OCS and CHT) <i>Presented by: Baileigh VanWanzeele and Alicia Schwipps</i> Discussing occupational therapy and physical therapy with potentials of specialty pathways. Alicia has her OCS which allows her to work with athletes and other individuals with unique musculoskeletal disorders. Baileigh is studying to take the CHT to become a certified hand therapist specializing in upper extremity conditions. We will discuss our specialties, how they help us see the populations we enjoy, and how they have made us better clinicians.	White River Ballroom D
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	Lets talk Public Safety- EMS/ Fire/ and other jobs <i>Presented by: Nickole Milewski</i> -Want to get free training? -Want to be outside? -Are you an adrenaline junkie? -Want to have an adventure every hour, day, month, year Come see if Public Safety is right for you. Learn about Public Safety deserts, training opportunities, free education and much, much more. Learn about your county you live in, do you have enough EMS/Fire/Hospitals/ Law Enforcement to meet your needs.	Room 103 and 104

BRE-AKOUT SESSION 5

1:10-1:55 pm	Advisor Curriculum Development (Advisors Only) <i>Presented by: Eddie Erickson</i> Advisors, Bring a piece of curriculum that you want to add HOSA to. We will dive into your curriculum and see what events and activities can be done to improve, update or innovate to the modern student.	White River Ballroom A
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	Exploring Physical Therapy: Pathways to a Fulfilling Career <i>Presented by: Rachel Waller and Michael Elsbury</i> Join us for an engaging presentation on the world of physical therapy and its diverse career opportunities. This session will provide high school students with an introduction to the role of physical therapists, the science behind movement and rehabilitation, and the steps needed to pursue a career in this growing field. Attendees will learn about the educational paths, skills, and specialties within physical therapy, as well as hear inspiring stories of making a difference in patients' lives. Whether you're curious about health sciences or passionate about helping others, this session is your first step toward discovering an impactful and rewarding career.	White River Ballroom D
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	Business Careers in Healthcare <i>Presented by: Andrea Russell</i> Exploring supportive roles in healthcare	Room 101 and 102
	Your Brain on Habits: From Addiction to Happiness <i>Presented by Naman Satsangi</i> Is all addiction bad for your brain? Have you ever wondered why we crave things such as TikTok, sugar, soda or other substances? This interactive workshop will explore how brain's reward pathways create habits, how those loops can lead to addiction, and how evidence-based practices can help you rewire your brain for wellbeing.	Room 103 and 104

BREAKOUT SESSION 6

2:05-2:50 pm		ILA - Logical Speaking When the Clock Is Ticking (Invite Only) <i>Presented By: Yonathan Bezza, President</i> Does speaking on the spot or with little notice ever make you feel nervous or even panicked? This workshop turns that panic into a plan. You'll learn more about what it takes to be able to speak publicly with no script and how you can develop those skills to turn yourself into an excellent impromptu speaker!	White River Ballroom A
		Lights, Camera, Action <i>Presented by: Camari Warren, Indiana HOSA Secretary</i> Adapting from gills to lungs is easy... so let's dive into the ability to adapt through observing, understanding and change. You will learn how to stay calm in adapting to your environment by being put in situations that might force you to change into a new character.	White River Ballroom B
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		Occupational Therapy: Skills needed for the professional journey of service, innovation, learning, and compassion <i>Presented by: Michelle Chaleunphonh, OTD, OTR/L</i> This one-hour workshop will actively explore different skills needed by the occupational This one-hour workshop will actively explore professional skills needed by the occupational therapy practitioner (occupational therapist or occupational therapy assistant) and will inform students of pathways for developing skills after high school. This session will include a slide presentation, active engagement, short discussions, and an opportunity for questions/answers.	White River Ballroom D
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		50 Years of HOSA <i>Presented by: Tyler Estes, Indiana HOSA Treasurer</i> Come celebrate HOSA's 50th Anniversary with me!!! While we celebrate, we learn about our amazing organization in from H.O.S.A all the way to current day HOSA-FHP.	Room 101 and 102
		Everything you wanted to know about HOSA & Health Science (But didn't know who to ask)(Advisor Only) <i>Presented by: Gwen Barnett</i> This session is designed for educators and program leaders who want to maximize the opportunities within health science education. Participants will gain insight into a wide range of resources from HOSA, HSEA, NCHSE, ACTE Career Prepped, CTE Learn, and more. We will also explore the role of AI and emerging online platforms in supporting curriculum, professional growth, and student success. Attendees will leave with actionable tools, curated resources, and strategies to strengthen both classroom instruction and student engagement in health science programs.	Room 103 and 104

BRE-AKOUT SESSION 7

3:00-3:45 pm	Collaboration in Rehabilitation <i>Presented by: Donna Peterson and Erica Robertson</i> This interactive session explores the critical role of collaboration in rehabilitation services, with a focus on physical therapy, and occupational therapy. We'll dive into how and when collaboration should occur to ensure exceptional patient and client outcomes. Through real-world examples and case studies, participants will learn strategies for effective interdisciplinary communication, shared goal-setting, and coordinated care planning. Ideal for students interested in healthcare careers, this session highlights the power of teamwork in helping patients recover, adapt, and thrive.	White River Ballroom A
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	Exploring Physical Therapy: Pathways to a Fulfilling Career <i>Presented by: Kate Luebbehusen and Michelle Lazorchak</i> An overview of how to enter the field of physical therapy and opportunities for career growth within the field	White River Ballroom D
	Exhibitors Please visit the exhibitor's area.	White River Ballroom Hallway
	Fun With Alumni <i>Presented by: Past State Officers</i> Join us as the Alumni of HOSA take on some fun hands on activities and dive deep in to discussion on how to be successful.	Room 101 and 102
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FALL CONFERENCE EXHIBITORS



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