



# beyond ALL LIMITS 2022 2023

HOSA-Future Health Professionals

46th ANNUAL  
INTERNATIONAL  
LEADERSHIP  
CONFERENCE

JUNE 21-24, 2023  
DALLAS, TEXAS



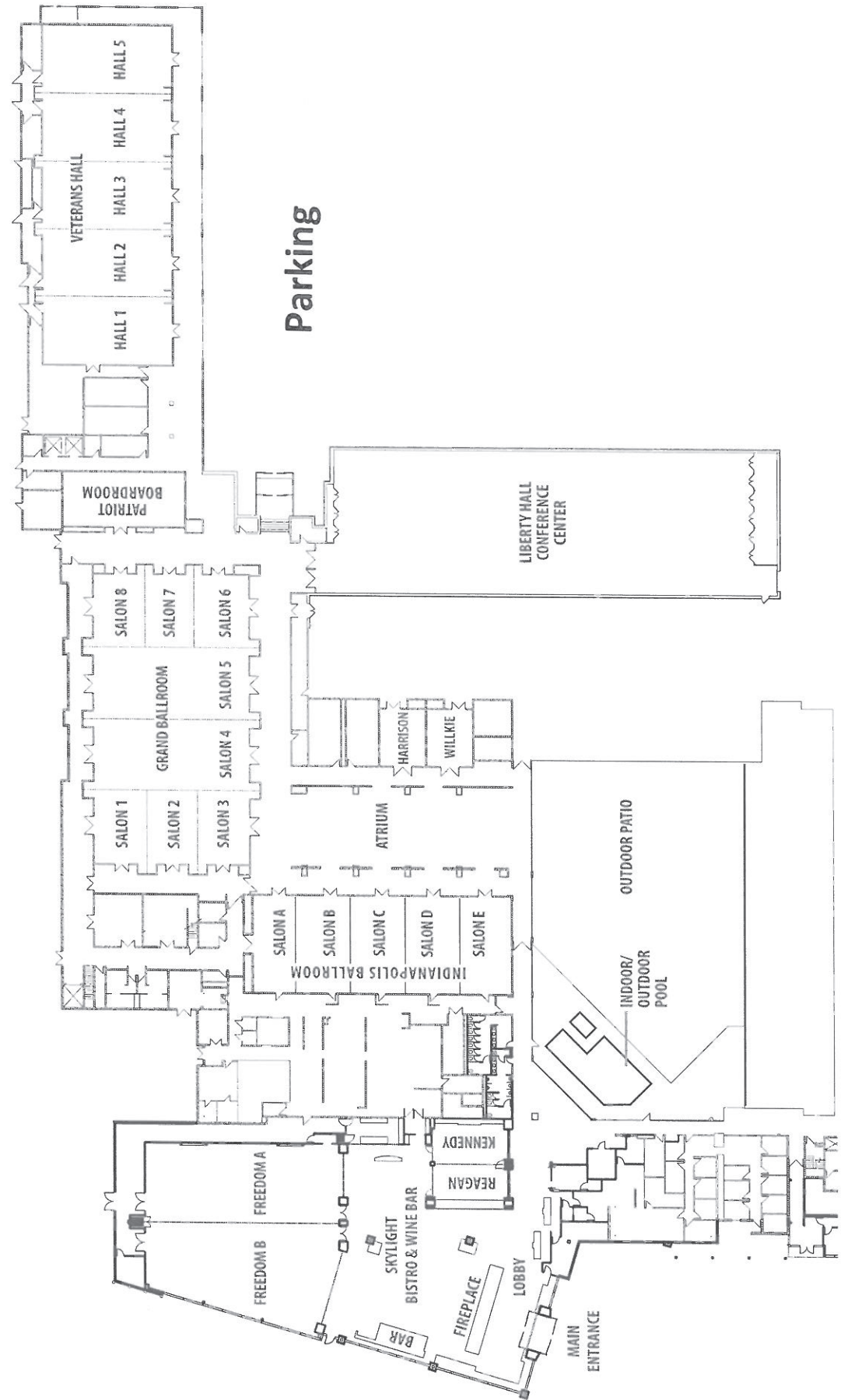
State Leadership  
Conference

# BEYOND ALL LIMITS

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## COMPETITION GRANT

High school students who place in high school competitions at the regional, state or national levels can win one Sullivan University competition grant. Winners of national level competitions can receive up to full tuition and fees paid.

Name	Amount	Term
National Competition- 1st Place	\$15,000	Paid out equally over 6 quarters
National Competition- 2nd place	Culinary/Baking: \$10,000 Other Programs: \$8,000	Paid out equally over 6 quarters
National Competition- 3rd place	\$5,000	Paid out equally over 6 quarters
State & Regional Competition- 1st place	\$10,000	Paid out equally over 6 quarters
State & Regional Competition- 2nd place	\$6,000	Paid out equally over 6 quarters
State & Regional Competition- 3rd place	\$3,000	Paid out equally over 6 quarters

For more info, visit  
**SULLIVAN.EDU/SCHOLARSHIPS**

All amounts, eligibility, application procedures and deadlines are subject to change. For the most up to date information on scholarships please visit [sullivan.edu/scholarships](http://sullivan.edu/scholarships)

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## professional development

You will be able to choose from the following:

<b>Conference Registration &amp; Activities</b>	Varies	<b>5 hours</b>
<b>Competitive Events</b>	Varies	<b>5 hours</b>
<b>Advisor Breakfast</b>	April 12	<b>2 Hours</b>
<b>Educational Symposiums</b>	April 10-11	<b>3 Hours</b> Varies
▶ <i>Advisors must attend a workshop to earn 3 hours.</i>		
<b>Special Sessions</b>	April 10-11	<b>4 Hours</b>
▶ Voting Delegate Orientation		7:30-8:30am
▶ Business Session		1:00-3:00pm
▶ Recognition Session		7:00-9:00pm
▶ <b>Must attend all 3 to earn hours</b>		
<b>Judging Experience</b>	Varies	<b>4 Hours</b>
▶ <i>Cannot Judge event where your students are competing</i>		

## HAVE YOU REGISTERED AS A HOSA ALUMNI?

### FREE LIFETIME ALUMNI MEMBERSHIP!

Any student that is a HOSA member and graduating from high school or completing their postsecondary/collegiate program is eligible to become a HOSA Lifetime Alumni Member.



[www.hosa.org/alumni](http://www.hosa.org/alumni)



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# code of conduct

*A good reputation enables members to take pride in their organization. HOSA members have an excellent reputation. Your conduct at any HOSA function should make a positive contribution to the reputation that has been established.*

1. Your behavior at all times should be such that it reflects credit to you, your school, the state organization and HOSA.
2. Student conduct is the responsibility of the local chapter advisors. Students shall keep their advisors informed of their activities and whereabouts at all times. (HOSA Conference name badge shall be worn at all times at HOSA functions)
3. You are expected to attend all general sessions and other scheduled conference activities. Please be prompt and show respect to those in the audience and on stage.
4. Members are expected to observe the designated curfew. (Curfew is described as being in your assigned room by the designated hour.)
5. Members are to report any accidents, injuries or illness to their chapter advisor immediately.
6. If a student is responsible for stealing or vandalism, the student and his/her parents will be expected to pay any and all damages.
7. Members/participants attending the State Leadership Conference may not purchase, consume, or be under the influence of alcohol or drugs at any time. Violators will be subject to stringent disciplinary action.
8. HOSA is a smoke-free conference and smoking is not allowed at any official function. Delegates must adhere to all hotel policies regarding smoking as well.
9. Students who disregard the rules will be subject to disciplinary action and will be sent home at their own expense. Parents will be notified.
10. Any long distance phone calls, charges to room, ect., will be the responsibility of the individual student and/or parents.
11. Members are to abide by the SLC Attire Policy at all business sessions, general sessions, competitive events, and other conference activities.
12. As a delegate to the State Leadership Conference, permission is granted to make photographs, video recordings, broadcasts and or sound recordings, separate or in combination, for educational and promotional purposes by Indiana HOSA.

## General Session Protocol:

The general session should be enthusiastic but delegates must not be rude or obnoxious to those in the audience or on stage. It is important to remain seated until the end of the session. Chapters that do not adhere to the general session protocol will be asked to send a representative to a special meeting of the Executive Council

## Common Sense Safety Tips

Please read carefully and follow these safety tips for security purposes:

- ▲ Wear your conference badge at all times while attending all sponsored HOSA functions.
- ▲ Do not give your room number to strangers; do not leave public establishments with strangers or invite them to your room.
- ▲ Keep valuables and extra cash in a hotel safety box.
- ▲ Keep your room key with you.
- ▲ Do not leave your room door open while you visit other rooms.
- ▲ Carry a belt pack or small purse that falls under your upper arm. Long straps are easy targets.



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Find the latest issue online at [www.indianahosa.org/magazine](http://www.indianahosa.org/magazine)

# INFORMATION

## State Conference Attire

### Official Dress Code for ALL General Sessions:

This policy is for student delegates. (Advisors, Family, and guests are not required to follow this dress code.)

The official dress code for the **student members** for all general sessions at the SLC will be:

### HOSA Uniform or Non-Uniform Alternative

**Student delegates** not adhering to the dress policy for all general sessions at the SLC will **NOT** be admitted.

#### HOSA Uniform Policy:

- ▶ Tailored navy blazer with emblem affixed over the heart.
- ▶ Shirt/blouse for females-white tailored or short sleeve white jewel neck shell
- ▶ Shirt for males-white closed neck, man tailored dress shirt, suitable for use with a tie.
- ▶ Accent for female members-maroon HOSA scarf or tie is optional but not required. · Accent for male-navy or maroon long tie
- ▶ Matching navy slacks for males and matching navy slacks or skirts for female
- ▶ **Closed-toe** blue or black shoes (hose optional)

#### Non-Uniform Alternative Policy:

- ▶ Black or Navy Blue Suit
- ▶ With white shirt
- ▶ Closed-toe blue or black shoe (hose optional)
- ▶ Male members **MUST** wear a tie
- ▶ Female members may wear KNEE-LENGTH skirt or slacks

## Competitive Event's Dress Attire:

Delegates must adhere to the **Dress Code** as specified in the individual competitive event guidelines for the **orientation and event** in which they are competing. **They must also have a photo ID to compete.** Bonus points will be given according to the individual guidelines.

## Other Conference Attire:

Conference delegates are strongly advised to wear HOSA uniforms or appropriate business attire to all conference activities.

Under no circumstances will blue jeans, shorts, or other casual attire be accepted at any conference function (with the exception of HOSA's dances and other recreational activities.) Delegates dressed in such casual attire will not be permitted to participate in official HOSA meetings.

## Conference Insurance

Conference insurance has been purchased for all conference attendees.

## Reproduction of Photographs

As a delegate to the State Leadership Conference, permission is granted to make photographs, video, broadcasts, and/or sound recordings, separately or in combination, available for reproduction for education and promotional purposes by Indiana HOSA unless you put it in writing and submit it to the state association.

## HOSA Creed-Retired

**I BELIEVE** In the health care profession

**I BELIEVE** In the profession for which I am being trained and in the opportunities which my training offers

**I BELIEVE** In education

**I BELIEVE** That through education I will be able to make the greatest use of my skills, knowledge and experience in order to become a contributing member of the health care team and of my community

**I BELIEVE** In myself

**I BELIEVE** That by using the knowledge and skills on my profession I will become more aware of myself. Through fulfilling these goals I will become a more responsible citizen

**I BELIEVE** That each individual is important in his or her own right; therefore, I will treat each person with respect and love. To this end, I dedicate my training, my skills and myself to serve others through HOSA

# CONFERENCE

## Sleeping Rooms

A good reputation enables members to take pride in their organization. HOSA members have an excellent reputation. Conduct at any HOSA function, whether it is a general session or the cleanliness of a sleeping room, should make a positive contribution to the reputation that has been established.

Please check rooms before departure from the hotel to ensure that they are left in a reasonable condition. Delegates are responsible for any vandalism and will be expected to pay for any and all damages.

## Conference Message Center

A message board is available at all times for any schedule changes, special announcements, and messages for individuals by chapter at the Registration Desk.

## Conference Name Badges

Conference name badges must be worn at all times while at the conference. The name badge serves as the entry to all official conference functions including general sessions, workshops, and competitive events. **You will also need photo ID to compete in your events!**

For conference activities, wear your name badge in plain sight to ensure your admittance to conference functions. Replacement badges are \$5 and can be replaced at the conference headquarters with proper identification.

## Wristbands and Photo IDs

Wristband must be worn at all times. Removal of wristbands will be grounds for removal from the conference. **Members that are competing MUST show photo ID in order to compete in their events.**

## HOSA Competitive Event Info

Fifty-seven competitive events will be conducted in six program areas at the State Conference. HOSA competitive events are conducted as incentives for HS students to be recognized for achievements related to career and leadership development. Competitive events are design to complement the health science technology education programs. This practical experience assists the HOSA members in developing the knowledge, skills, and attitudes required to deliver quality health care.

## Competitive Events Orientation and Scheduling

Each student competing is responsible for being prompt to his/her events that they are scheduled **and bringing their photo ID to the event.** Read the conference agenda carefully. You must be on time or risk disqualification. If you are not certain, go to the Competitive Event Headquarters or locate your chapter advisor. It is the responsibility of the competitors to attend the orientation session.

## Curfew

All HOSA members are asked to abide by the curfew times and not leave their rooms after the published times in this program book.

## State Officer Campaigning

All verbal, posters, and flier campaigning may begin after the state officer slate is announced or posted by the Nominating Committee.

## Competitive Event Judges and Personnel

Competitive event personnel and judges are asked to read the agenda carefully. It is essential that all personnel be at the event site in advance of the posted times. It should be remembered that event judges and personnel are "very important persons" at the State Leadership Conference. When opportunities arise, please tell these volunteers how much we appreciate the contribution they are making to HOSA and SLC.

## Voting Delegates

Each voting delegate will receive a voting delegate ribbon from his/her chapter advisor. All voting delegates must attend the Voting Delegate Orientation, all general sessions and the Business Meeting.

## Courtesy Corps

Some chapters have selected students to serve on the conference courtesy corps. Members of the courtesy corps will assist in all aspects of the conference. The success of the State Leadership Conference is due in large part to the efforts of the Courtesy Corps. Thanks to all Courtesy Corps members.

[www.indianahosa.org](http://www.indianahosa.org)



SEE WHAT'S  
NEW FOR  
INDIANA HOSA  
MEMBERS

GET INVOLVED

Check out our website to access our weekly blogs covering everything from the transition to college to our experiences in HOSA! You can also check out our e-magazine, The Pulse, and learn about leadership, medical innovations, unique medical conditions, and more!

This year Indiana HOSA has launched our first ever merch store! Members can purchase shirts, mugs, phone cases, prints, stickers and more through our online store. All proceeds from the store go to making Indiana HOSA experiences more memorable for members or to our service projects!

You could also see your own designs on the store if you participate in one of our design contests! Follow our blog to find out when our next contest takes place. You could design our state shirt for ILC!

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<https://www.designbyhumans.com/shop/IndianaHOSA/>

# EXECUTIVE COUNCIL



Lucie Sorenson  
President



Ria Sharma  
President-Elect



Gowthamm Mandala  
Vice President



Dezaray Porter  
Secretary



Sreepadaachana Munjuluri  
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Virginia Martinez  
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Riya Patel  
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April 11th from 1-5 pm  
[emergency-expo.com](http://emergency-expo.com)



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2 HEARTS WITH 1 MISSION  
Preventing Sudden Cardiac Arrest

New Prairie HOSA students volunteer at monthly Team 265 heart screenings,  
assisting with ECGs and Blood Pressure Checks.

# EXHIBITORS



# PRESIDENT'S WELCOME

## Welcome back Indiana HOSA,

I am excited to welcome you all to the 45th annual State Leadership Conference. As your State President, I am honored that you have chosen to spend your time exploring your future health careers, meeting fellow future health professionals, and committing to Indiana HOSA. HOSA offers a unique experience, including amazing career building opportunities, competing in numerous competitive events, attending various workshops, symposiums, and general sessions, meeting potential lifelong connections, and so much more. These next few days, I challenge you to explore out of your comfort zone, meet new people, try new things that may scare but also excite you, and do your best to go beyond all limits. Thanks to all our HOSA members, we have a packed and exciting conference ahead, with endless opportunities to choose from.

This year. The Indiana HOSA State Leadership Conference is held at the Marriott East Hotel in Indianapolis. We are so grateful to be able to see all of our members as we present our general sessions! Be sure to attend all of these, as they are packed with important information, and exciting and inspirational keynote speakers. You will also have the opportunity to be recognized for all your hard work from throughout the year, as well as see who is going to qualify for the International Leadership Conference in Dallas, Texas!

HOSA members - we recognize that every one of you has your challenges and strengths, so again we thank you for taking the time, committing to Indiana HOSA, and attending this year's conference. From me to every one of you - thank you for allowing me to lead and guide this organization for an entire, amazing year. Indiana HOSA would be nothing without all of you, our members. I am deeply grateful to get this opportunity to be a part of something truly life altering. Good luck to all of you in your competitive events and enjoy the 45th annual Indiana HOSA State Leadership Conference!



Lucie Sorenson  
Indiana HOSA State President

# SPONSOR APPRECIATION



# SLC AGENDA

## SATURDAY, APRIL 9 2023

7:00 am- 6:00 pm HOSA Headquarters Competitive Events Headquarters Wilkie  
 8:00 am- 5:00 pm Executive Staff Meeting Wilkie  
 12:00 pm- 1:00 pm Staff Luncheon TBA

## MONDAY, APRIL 10 2023

9:00 am- 12:30 pm State Officer Candidate Orientation Grand Ballroom 8  
 12:30 pm- 1:30 pm Officer Candidate Luncheon Grand Ballroom 8

1:00 pm- 5:00 pm Conference Registration Atrium

2:00 pm-8:00 pm Team 265 Cardiac Screenings Freedom A

2:00 pm- 6:00 pm Versiti Blood Drive Veterans 5

3:00 pm- 5:00 pm Competitive Events Salon B  
 • Medical Spelling Grand Ballroom 3  
 • Anatomage Anatomy Final Competition Grand Ballroom 4  
 • Body Interact Challenge

3:00 pm- 4:00 pm Courtesy Corps Orientation (Invitation Only) Salon E  
 3:00 pm- 7:00 pm Educational Symposiums Veterans 1, & 4

See Symposium page for topics and times

5:00 pm- 8:00 pm Competitive Events Veterans 2  
 • Medical Innovations Grand Ballroom 1  
 • Extemporaneous Health Poster Salon C and D  
 • Research Poster Salon A  
 • Community Awareness Kennedy  
 • Public Service Announcement Patriot Boardroom  
 • MRC Partnership Regan  
 • Healthy Lifestyles Bus Leases at 4:15  
 • Extemporaneous Writing Freedom B  
 • Health Career Display Set-Up Grand Ballroom 2  
 • HOLDING ROOM Grand Ballroom 5

5:00 pm- 8:00 pm Starla Ewan Veterans 3  
 The Breath of Life

5:00 pm-8:00 pm HOSA Interactive Workshops Boardroom  
 • Jake White

6:00 pm-7:00 pm Advisory Board Meeting Salon E, Veterans 1, & 4

5:00 pm-8:00 pm Educational Symposiums  
 See Symposium page for topics and times

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[DonateLifeIndiana.org](https://DonateLifeIndiana.org)





3:00-4:00 pm **Exploring Opportunity in Behavioral Health and Wellness** Grand 5

*Gina Woodward*  
 We all know that mental health IS health. While professionals in all areas of health care continue working to reduce the stigma associated with mental illness, we also know that roughly one-fifth of the population, adults and youth, experience mental health disorders, but only between 50-65 percent receive treatment. One major factor in this lack of treatment is the lack of available and skilled providers of care. This session will explore ways to turn your passion for supporting mental wellness into a career in behavioral health.

1:00-2:00 pm **Bringing Virtual Patients to High School & CTE students** Veterans 3

*Raquel Bidarra*  
 Today's students love using technology, and Body Interact is helping teachers bring innovative learning methodologies into the classroom. Students are challenged to act as healthcare professionals in engaging scenarios with virtual patients. Join us to learn how High School and CTE programs can elevate the quality of students' thinking to achieve effective problem-solving, creativity, and rational decision-making skills.

2:00-3:00 pm **Exploring the Nursing Career Pathway; CNA - BSN and Beyond** Veterans 3

*Heather Wierzbinski-Cross, Dee Dee Marinaro, Crystal England*  
 This symposium will explore the various careers and career pathway in Nursing. You will learn how you can make a difference in the lives of patients in a variety of clinical settings, and how to start your journey at Ivy Tech!

3:00-4:00 pm **Be a Hero, Save a Life** Veterans 3

*Corinne Osinski-Carey*  
 Learn about organ, eye and tissue donation, including careers in the field and ways you can help save lives in the classroom.

4:00-5:00 pm **Search for missing persons** Veterans 3

*Leah Snyder*  
 K9 Search and Recovery

## INDIANAPOLIS, 2023

8:30 pm- 10:30 pm **Opening General Session** Liberty Ballroom

- Presentation of Colors
- State Officer Candidate Speeches
- Keynote Speaker- Jake White

11:00 pm Curfew

## TUESDAY, APRIL 11, 2023

7:00 am-4:00 pm Conference Registration Atrium

7:30 am- 8:30 am Voting Delegate Orientation/ Meet the Candidates Liberty Ballroom

7:00 am- 8:00 am Event Staff & Judges Orientation Grand Ballroom 6

8:00 am-12:00 pm **Educational Symposiums/ Interactive Exposition** Salon E and Grand 5  
 See Symposium page for topics and times

**Team 265 Cardiac Screenings** Freedom A

7:00 am **Bus Leaves for off-site locations** Marriott front lobby  
 Nursing Assisting, Personal Care, Dental Science,  
 Veterinary Assisting, CERT

**Versiti Blood Drive** Veterans 5

8:00 am- 12:00 pm **Competitive Events**

- CPR/First Aid Veterans 3 and 4
- EMT Grand 1 and 3
- Clinical Laboratory Science Salon A
- Sports Medicine Salon D
- Physical Therapy Salon C
- Home Health Aide Grand Ballroom 2
- Public Health Veterans 1
- Pharmacy Science (CVS Sponsored) Salon B
- Clinical Specialty Patriot Boardroom
- Family Medical Physicians Regan
- Biotechnology Harrison
- Mental Health Promotion Kennedy
- Body Interact Challenge Grand Ballroom 4
- Medical Assisting Grand Ballroom 8

1:00 pm- 2:00 pm **Event Staff & Judges Orientation** Grand Ballroom 6

1:00 pm- 3:00 pm **Business meeting** Boardroom

- Roll Call
- Minutes/Financial Report
- Proposed Bylaws Amendment
- Presentation of the 2023-24 Officer Slate
- Dismissal of Audience/Voting Session

12:00 pm-5:00 pm **Emergency Medicine Expo** Convention Center Parking Lot

1:00 pm- 5:30 pm **Educational Symposiums** Salon E, Grand 5, Vets 3



# SLC AGENDA

## INDIANAPOLIS, 2023

### TUESDAY, APRIL 11, 2023

#### 2:00 pm- 6:00 pm Competitive Events

- Health Education Salon C
- Research Persuasive Writing & Speaking Salon B
- Prepared Speaking Kennedy
- Forensic Medicine Grand Ballroom 4
- Job Seeking Skills/ Interviewing Skills Salon D
- HOSA Bowl Veterans 2
- Creative Problem Solving/Dynamic Decision Grand 3
- Medical Photography (Portfolio Drop off at 1:00) Patriot Boardroom
- Career Health Display Freedom B
- Health Career Preparations Reagan
- Anatomage Anatomy Final Round (5:00 pm) Grand 5

#### 7:30 pm- 9:30 pm Second General Session

Liberty Ballroom

- New Chapter Recognition
- Membership Recognitions
- Largest Chapter
- Recognition Competitive Events
- Keynote Speakers- Cory Jinks
- Installation of 2023-24 State Officers

#### 9:30 pm- 11:30 pm HOSA Activities

Grand Ballroom, Vets 1, and Vets 3

#### 12:30 am Curfew

### WEDNESDAY, APRIL 12, 2023

#### 8:00 am-9:00 am Advisor Breakfast

Freedom A

#### 8:00 am-1:00 pm Luggage Holding

Freedom B

#### 9:30 am- 11:30 am Closing General Session

Liberty Ballroom

- 2023 Competitive Events Awards
- Top Ten Medalists
- Scholarship Presentation
- 2022-23 State Officer Recognition
- National Leadership Conference Preview
- Indiana Most Professional Award
- Indiana Most Enthusiastic Award

#### 11:30 am-12:30 pm In Coming Officer/Out Going Officer Transition Meeting

Wilkie

3:00-4:00 pm	<b>What Does a Medical Speech-Language Pathologist Do?</b> <i>Erin Redle Sizemore</i> Speech-language pathologists are an integral part of the healthcare team. From babies in the neonatal intensive care unit through adults later in life with neurological diseases, medical speech-language pathologists diagnose and treat a variety of speech, language, cognitive, and swallowing disorders. They work with patients affected by a variety of neurological events, such as brain injuries, strokes, or seizures. They may also work with patients who have structure differences such as cleft lip or palate or voice disorders.	Salon E
4:00-5:00 pm	<b>Bring Your Heart to Work</b> <i>Susan H Ford</i> Learn about opportunities in Long Term Care and Senior Living that can launch a successful and fulfilling career in healthcare. Discover paths you can choose to develop and continue your experience and education.	Salon E
8:00-9:00 am	<b>Leveraging Biomedical Science Curricula for Success on the Biotechnician Assistant Credentialing Exam (BACE)</b> <i>Tamara Mandell</i> Overseen by a national advisory board, the Biotechnician Assistant Credentialing Exam (BACE) documents mastery of competencies and skills valued by the bioscience industries when hiring technician-level positions, which in turn lead to high growth careers. We invite you to learn about the BACE, how to leverage Biomedical Science Curriculum with the no-cost pre-test materials to increase success, and the exciting career opportunities where BACE credential earners can apply their knowledge and skills to discover, develop, make, and test products and services that benefit mankind.	Grand 5
9:00-10:00 am	<b>Genetic Counseling</b> <i>Emily Oppman</i> What is genetic counseling? This symposium gives an overview the rapidly expanding field of genetic counseling, including specialties & case examples, special topics in genetic counseling, and the process of becoming a genetic counselor. There will also be time for questions with a current genetic counseling graduate student at IU!	Grand 5
10:00-11:00 am	<b>Be a Hero, Save a Life</b> <i>Corinne Osinski-Carey</i> Learn about organ, eye and tissue donation, including careers in the field and ways you can help save lives in the classroom.	Grand 5
11:00-12:00	<b>Providing Care Everywhere: The Athletic Trainers' Vital Role on the Healthcare Team</b> <i>Jessica Huett &amp; Craig Vall</i> Athletic Trainers are allied healthcare professionals who provide a multitude of services to patients of all ages and backgrounds. ATs specialize in the prevention, examination, diagnosis, treatments, and rehabilitation of medical conditions and emergent, acute, and chronic injuries. During this symposium session, students will learn the important role of athletic trainers, key terms, careers in athletic training, and how athletic trainers work closely with other healthcare professionals such as physicians, nurses, physician assistants, physical therapists, and mental health professionals.	Grand 5
2:00-3:00 pm	<b>Be The Match and YOU; Saving lives together</b> <i>Tarita Gibson</i> When mission-driven organizations like HOSA and Be The Match partner together with a common purpose, magic happens—and anything is possible. This fun and interactive session will help you understand how Be The Match saves lives through cellular therapy, why matching blood stem cells is not the same as matching blood type, and what diseases can be treated by blood stem cell transplant. You'll also learn about multiple opportunities EVERYONE in your chapter to get involved and help save more lives.	Grand 5

## Tuesday, April 11, 2023

8:00-9:00 am	<b>Choosing a Career That Fits Your Personality</b> <i>Amy Collins and Janet Sanford</i> Choosing a career that fits your personality is vital to your long-term happiness and success. Join us as we take a personality test and delve into the four main personality types, traits, and the careers that fit each one. Learn more about yourself and the people around you as we help you answer that age-old question. What do you want to be when you grow up?	Salon E
9:00-10:00 am	<b>Healthcare Career Exploration at Ivy Tech</b> <i>Lisa Owens, Rebecca Conley, Jeni Geis, Laura Yetman, Teresa Hallmen</i> This symposium will explore the various healthcare career options and career pathways offered at Ivy Tech. Student can learn about Medical Assisting, EMT and Paramedic Science, Physical Therapist Assisting, Therapeutic Massage, Phlebotomy, Respiratory Therapy, Surgical Technology, Healthcare Specialist, and many more exciting health careers. Come learn about how to take your next step at Ivy Tech.	Salon E
10:00-11:00 am	<b>American Heart Challenge</b> <i>Sunni Rossi</i> Learn how your HOSA group can implement an easy service learning opportunity. Key components include: Leadership, Hands-Only CPR, Service Hours, and a Scholarship Opportunity.	Salon E
11:00-12:00	<b>Intraprofessional OT Collaborative Classroom to Clinical Practice</b> <i>Dr. Michele Cheleunphonh, Dr. Lisa Willey, Julie Carson</i> The Occupational Therapy and Occupational Therapy Assistant programs at Indiana Wesleyan University (IWU) provide experiences for collaborative experiences (OTD-OTA), case studies exploration on a learning platform, and development of professional competencies for future healthcare professionals. Learn about this person-centered learning (collaboration skill development, in-person learning labs, technology-based learning, & hands-on fieldwork experiences) that bridge classroom experiences to clinical practice through the IWU programs.	Salon E
1:00-2:00 pm	<b>Would you make a great Respiratory Therapist?</b> <i>Elizabeth Summitt</i> In this presentation, you will learn about the field of Respiratory Therapy to discover if you might be a great fit. We will discuss the educational requirements and the variety of career options available within the profession. You will learn about the promising future employment market, as well as the skills needed to be successful. You will have the opportunity to ask any questions you have so you can determine if Respiratory Therapy is the future healthcare profession for you.	Salon E
2:00-3:00 pm	<b>No Cadaver Lab? No Problem! Providing Lab Experiences with AR/VR</b> <i>Rande Brooks</i> Discover how Health Science, Anatomy and Physiology instructors are providing lab experiences - virtually!	Salon E

Students know computers, they've seen 3D movies, but now they can pick up, manipulate and explore the human anatomy by "lifting" organs from the computer screen. From examining bone fractures to dissecting human hearts, students are demonstrating a deep level of engagement in health science when using augmented and virtual reality (AR/VR).

Discover how Health Career students at McKenzie Center for Innovation and Technology are using AR/VR as a part of their curriculum to prepare for college and future health careers. Attendees will gain implementation strategies from Health Science Teacher, Rande Brooks, for building AR/VR into their health science and nursing curriculum. Attendees will also learn how Brooks is able to align AR/VR coursework to NGSS and industry certifications - and get a firsthand view of how today's students are preparing for future careers in health sciences without having to worry about limited supplies.

# INTERACTIVE WORKSHOPS

## Monday, April 10, 2023

5:00-7:00 pm	<b>Starla's Hands-On Body Systems: "The Breath of Life!" Respiratory System Made Easy</b> Students will build the components of the respiratory system to see what really happens at a capillary bed of the lung, how air is taken in and cleaned, and how to apply pathology to inspire a healthy lifestyle. This fun activity will give you greater understanding of the application of why first responders must follow the "ABCs" to save someone's life and how CPR works! Take your new lungs home with you after the session! (Instructors are welcome to join us in this workshop!)	Grand Ballroom 5
5:00-7:00 pm	<b>Small Skills for Big Success</b> <b>Jake White</b> Research shows that how we say something can be more impactful than what we say. Body language can support, or silence, our message. Come practice five small skills that can help you get hired faster, lead a team better and stand out from the competition.	Veterans 3

## Tuesday, April 11, 2023

7:00-8:00 am	<b>Starla's Hands-On Body Systems: "Head Trauma, Strokes, and Tumors!"</b> Students will build components of the cross-sections of the brain (like an autopsy) to demonstrate how changes occur to the brain from trauma, strokes, or tumors. The brain cross sections will be used to help you understand two types of strokes, tumors, and how Chronic Traumatic Encephalitis develops and affects an athlete's life. Take your brain structures with you at the end of the workshop! (Instructors are invited to join us as well!)	Grand Ballroom 5
7:00-8:00 am	<b>Small Skills for Big Success</b> <b>Jake White</b> Research shows that how we say something can be more impactful than what we say. Body language can support, or silence, our message. Come practice five small skills that can help you get hired faster, lead a team better and stand out from the competition.	Veterans 3
3:00- 4:00 pm	<b>ImprovRx 101</b> <b>Cory Jenks</b> With "ImprovRx 101" participants will dive into the basic concepts of improv comedy, what makes improv such an effective tool for improving teamwork, listening, and communication in healthcare, and how to use these skills to create a better healthcare experience for themselves and their patients. After just a few minutes of instruction on these critical improv concepts, your group will be creating memorable and funny improv scenes to reinforce the application of improv to healthcare.	Grand Ballroom 5

**KEYNOTE SPEAKER JAKE WHITE**

**TUESDAY, APRIL 11, 2023**



**Jake White** started his first company as a college student, where he attracted nationally known sponsors and crowdfunded their national tour. As the young founder of Party.0 he is passionate about helping students achieve their goals faster with the help of friends and community partners. He believes that anyone is able to reach success if they choose to build skill sets instead of taking shortcuts.

Today, Jake speaks to middle school, high school and college students all over the country on the topics of leadership, as well as vaping, drug and alcohol education. He has helped numerous students start new and innovative clubs, social movements and businesses to make a positive impact on the world.

When Jake isn't speaking, he likes to play games and sports with his friends, go on adventures with his wife Emily, or cross off items on his bucket list like going on the Price Is Right! You can learn more about Jake White on LinkedIn, Instagram @vive18\_ or vive18.com

**KEYNOTE SPEAKER DR. CORY JENKS**

**WEDNESDAY, APRIL 12, 2023**



**Dr. Cory Jenks**, earned his PharmD from the University of South Carolina in 2011 and completed a PGY1 residency at the Southern Arizona VA Healthcare System in 2012. His past pharmacy experience has included time as a retail pharmacist, outpatient clinical pharmacist, and inpatient clinical pharmacist. Currently, he practices as an Ambulatory Care Clinical Pharmacist where he applies his passion for lifestyle interventions in the management of chronic disease. Cory is also an accomplished improv comedian as well as author, having started on his comedy journey in 2013. Since then, Cory has coached, taught, and

performed improv for thousands of people. His book, "Permission to Care: Building a Healthcare Culture that Thrives in Chaos," was released in February 2022. Today, Cory travels the country teaching other healthcare professionals how to apply the valuable skills of improv comedy to create a more adaptable, empathetic, and humanizing healthcare experience. When not working or performing improv, Cory enjoys raising chickens, playing racquetball, basketball and golf, exploring the science of disease management through lifestyle, and is currently earning his Master's Degree in "Dad Jokes" with the help of his two sons.

**Monday, April 10, 2023**

4:00-5:00 pm	<b>All Things Nursing</b> <i>Mallory Martin &amp; Andrea Morgan</i> Nursing is a health care profession that focuses on the care of individuals, families, and communities so they may attain, maintain, or recover optimal health and quality of life. The career opportunities within this profession are endless! Join us as we share why you should consider becoming a nurse, the most trusted profession for 21 years in a row.	Salon E
5:00- 6:00 pm	<b>Athletic Training 101: There's an AT for that!</b> <i>Tiffany Franklin</i> Did you know athletic trainers can diagnose acute and chronic injuries and medical conditions? There is an AT for that! Did you know that athletic trainers work to prevent injuries? There is an AT for that! Did you know that athletic trainers can reduce recovering time and you money? There is an AT for that too! Come check out this presentation on what athletic trainers are skilled to do and get some hands on practice!	Salon E
3:00-4:00 pm	<b>Using Values to Compare Career Options</b> <i>David Cross</i> In this symposium, participants will gain analytical, intrapersonal, and practical techniques to determine which occupations align with their values. Participants will gain skills that can be used for comparing positions within a chosen field, understanding benefits packages, and determining personal values necessary for career-satisfaction. Thus, they are able to formulate career goals and navigate career options.	Veterans 1
4:00-5:00 pm	<b>Be a Beacon of Hope in Your Community- the Importance of Donating Blood &amp; Hosting Blood Drives.</b> <i>Versiti Blood Center of Indiana</i> When you donate blood with Versiti, you are a Beacon of Hope for local patients in need. Versiti's Leaders for Life High School Program is designed to create awareness of the need for a strong and consistent blood supply while providing students the opportunity to engage in community service and build leadership skills for their future. Student leaders host blood drives with Versiti's help and learn how to successfully market events while networking with the community. Join us to learn more about the importance of donating blood and potential HOSA partnerships!	Veterans 1
5:00- 6:00 pm	<b>Finding your purpose in public health</b> <i>Natalie Noel</i> Are you passionate about giving back? Are you interested in health? During this session, you will hear from an IUPUI representative about the influence the field of public health can have in developing your purpose in life. By exploring topics, programs, and careers centered around public health, you will realize life is not just about fancy cars and the clothes, but instead about the positive impact you can make in the community around you.	Veterans 1
6:00- 7:00 pm	<b>Parenting: The Unfiltered Truth</b> <i>Dyllon White</i> Join Dyllon White for a deep dive into some of the mysteries and myths around pregnancy, children, and parents. Explore some of the less discussed sides of parenting from a father of four. Answering questions for uncommon or uncomfortable situations that come from raising children in school, work, and beyond.	Veterans 1
3:00-4:00 pm	<b>The Future is Here: Healthcare Education Through Simulation</b> <i>Chassity Lee Mays</i> This session will describe what Simulation in Healthcare is, discuss why it is important, explain the different modalities of healthcare simulation, and define the roles and job opportunities that exist in the field.	Veterans 4